



What we can do to help:

Pre-Move:

- ♥ deciding what to take
- ♥ sorting household treasures
- ♥ creating space/floorplan
- ♥ making moving arrangements
- ♥ packing
- ♥ shipping items to family members
- ♥ arranging the sale of household belongings
- ♥ donating leftovers

Move Day:

- ♥ coordinating move day
- ♥ unpacking
- ♥ setting up new home

Additional Services:

- ♥ de-clutter and organizing
- ♥ staging house for resale
- ♥ estate clear-out and dispersal
- ♥ estate inventories

Contact us
to set up a
**FREE in-home
consultation!**

We do as little or as much as you need!

480-339-0011

www.SmoothTransitionsAZ.com

Moving For Seniors

Smooth Transitions® Phoenix East Valley provides individuals and their families with the emotional and physical assistance needed in making a change in living arrangements. We specialize in downsizing, relocation, and estate dispersal.

"This is our second time to hire Mai to move our Mom and we couldn't be more grateful for her! She always has a sweet, caring attitude, listens and follows wishes carefully. She is hardworking, efficient and creates a very happy work environment. She is kind, gentle and she gets RESULTS! She doesn't waste time or effort, and we are so grateful to have her help us at a stressful time."

– Brian + Terri I.

Ask about a speaking engagement on "Tips for Downsizing and Moving"



Mai Thompson

OWNER | SENIOR MOVE MANAGER

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www.SmoothTransitionsAZ.com

Locally Owned & Operated • Certified, Bonded and Insured



@SmoothTransitionsAZ

